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CLAIMS:

1. A method for making a fiber from a synthetic material, comprising:

preparing a melt of the synthetic material;

adding polytetrafluoroethylene (PTFE) material in to the melt;

extruding the melt having the added PTFE material through a spinneret to form the fiber.

- 2. The method of claim 1, wherein adding the PTFE material into the melt comprises dispersing PTFE particles having a size less than about one micron into the melt.
- 3. The method of claim 1, wherein adding the PTFE material into the melt comprises adding PTFE powder that is dispersible to submicron particle size.
- 4. The method of claim 1, wherein adding the PTFE material into the melt comprises adding an aqueous dispersion of PTFE powder that is dispersible to low micron particle size.
- 5. The method of claim 1, wherein adding the PTFE material into the melt comprises adding an organic solvent dispersion of PTFE powder that is dispersible to low micron particle size.
- 6. The method of claim 5 wherein the organic solvent dispersion of PTFE powder comprises about 20% to about 60% PTFE by weight.
- 7. The method of claim 1, wherein adding the PTFE material into the melt comprises dispersing PTFE particle that have a size smaller than a channel size of the spinneret.

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- 8. The method of claim 1, wherein adding the PTFE material into the melt comprises introducing dispersible PTFE powder in the form of a pelletized master batch.
- 9. The method of claim 8, wherein the master batch comprises about 5% PTFE to about 60% PTFE.
- 10. The method of claim 1, wherein the fiber is a bi-component fiber, and wherein extruding the melt having the added PTFE material comprises forming a component of the bi-component fiber.
- 11. The method of claim 1, wherein the synthetic material comprises a material selected from the group of polyester, nylon, polypropylene, polyethylene terepthalate, a thermoplastic resin and any combination thereof.
- 12. A fabric comprising fibers made by the method of claim 1.
- 13. A synthetic fiber made, comprising:

an extrusion of material selected from the group of polyester, nylon, polypropylene, polyethylene terepthalate, a thermoplastic resin and any combination thereof, and;

a dispersion of PTFE particles in the extrusion.

- 14. The synthetic fiber of claim 13 wherein the dispersion of PTFE particles comprises PTFE particles having a size less than about one micron.
- 15. The synthetic fiber of claim 13 wherein the dispersion of PTFE particles comprises PTFE particles having a size less than about one micron.
- 16. The synthetic fiber of claim 13 wherein the dispersion of PTFE particles is substantially uniformly distributed in the extrusion.

- 17. A fabric comprising the synthetic fiber of claim 13.
- 18. A textile comprising the synthetic fiber of claim 13.
- 19. A carpet comprising the fiber of claim 13.
- 20. An article of manufacture comprising the fiber of claim 13.